

South East u3a Forum Summer School

Monday 7th – Thursday 10th September 2026

University of Chichester



Patchwork Beginner – English Paper Piecing (EPP)

Maximum 6

Aim

To introduce u3a members to the skills and techniques associated with English Paper Piecing (EPP).

Objectives

- To use commercially produced paper templates of hexagons and 60^o diamonds
- To accurately create their own templates out of 'freezer paper'
- Use own design to create an applique to decorate the outside of a tote bag

These objectives will be achieved by completing 3 projects:

- A 'mug rug' using hexagons
- A 'mug rug' using 60^o diamonds
- Use EPP shapes to create a design, which is then applied onto a simple tote bag

Students will need to bring:

Hand sewing kit including scissors which will cut fabric and thread *More details to be provided later.*

Materials

Each student will be provided with a pack of materials to enable them to complete the projects – **cost of £12**, to be paid to the tutor at the start of the course.

Equipment provided:

Iron, ironing board, spray starch, cutting mats, rulers, rotary cutters, spray glue, tracing and freezer paper, fabric glue stick.



Examples

Summer School Course 2026

Monday	Introduction to the projects – give out pack of materials	50 mins
Tuesday	Project 1 – Use hexagon shapes to produce a mug rug	4 hours
Wednesday	Project 2 – Use 60 ^o diamonds to produce a mug rug	4 hours
Thursday/Friday	Project 3 – Applique an EEP design on to a tote bag	5½ hours

*For further information **about the course**, please contact the tutor*

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